Group Analytic Society-Belgrade



Psycho-Social Section & Consulting-Art Belgrade



Belgrade Reflective-Citizens Conference

24th to 26th May 2019



Marina Mojović & Jelica Satarić

with

David Armstrong, Kurt Husemann, Carla Penna Alice Mulasso & Christopher Scanlon

4th Belgrade International Reflective-Citizens Conference

Planned to begin Friday, 24th 10am - end Sunday, 26th May 1pm.

Introduction

Reflective-Citizens conferences, local, regional or international, are important events within the "Reflective-Citizens Koinonia" (RC-community of communities). General aims of these conferences are improvement of the RC-theory, RC-practice, RC-research and communication across RC-networks including development of collaboration with people involved in similar endeavors - joint learning with all interested in the field.

About the Reflective-Citizens (RC)

Serbian Reflective-Citizens is a community practice created in Serbia and the ex-Yugoslav region by two psychiatrists, training group-analysts and psychoanalytic psychotherapists, **dr. Marina Mojović** and **dr.Jelica Satarić** - initially out of their wish to apply therapeutic community experiences to the traumatized communities in the field (throughout the "Horrible Nineties" and its aftermaths). Since then, in collaboration with *citizen-participants*, *citizen-conveners* and colleagues (from Serbia and from abroad), slowly and carefully, they were exploring/searching for ways of best practice for developing possibilities for all interested citizens to experience psycho-social dialogues as a voluntary activity (free of charge) - thereby combining psycho-analytic, group-analytic, group-relations, Listening posts, Bridger's transitional, social dreaming and therapeutic community traditions – this **new psycho-social methodology** was conceived (early 2000), and then further nurtured, shaped and developed in attunement with

circumstances and needs of particular communities, as well as in continuous mirroring and communication with sibling activities/projects (in the region and internationally).

Basic RC-practice - its building-blocks, are the **RC-workshops**. For the good-enough development of the RC-koinonia, there are also other very important parts: the training for the RC-conveners, the training for the social dreaming hosts, the training for RC-organizational teams (applying systemspsychodynamic principles with Bridger's double task method to the work of organizational committees and their networks, which include regular pre- and postworkshop reflection groups on the practice and psychodynamics of the RCworkshop, learning from errors, suggestions for future, and their distribution to the RC-community), coordination body for RC-network (helping new branches and learning from each others), evaluation and research, presentations and publications. Thus, principles of a "self-reflective organization" with ongoing "learning-through-experience" are at core. Network of events is continuously growing in different locations in Serbia (towns, villages, and variety of branches in Belgrade and around), new branches spreading throughout the ex-Yugoslav region (to Bosnia & Hercegovina, Montenegro, Slovenia, Croatia, planned soon in Macedonia), and slowly into other regions (Brazil, Italy, UK, Russia).

Basic RC-principles: These citizens' groups grow in grassroots style out of trust in the capacity of raw human exchanges for learning-through-experience of true dialogue culture and citizens responsibility. RC aspire to enabling a free sharing of thoughts, feelings, fantasies, dreams, drawings and hypotheses, opening up the minds to the chaotic and the uncontrollable unconscious of communities within 'safe-enough' dialogue situations – thus

keeping the psychoanalytic flame of liberal and cosmopolitan ideals burning. RC involves some elements of grassroots movements regarding encouraging citizens to take responsibility for their communities and self-organising, but without aiming to become a political movement.

These events always reveal many-layers of personal, family, community, regional, European and wider related dynamics in their complexity of human interactions. Therefore, appreciation of complexity is strongly present in the core values. RC is not aiming to arrive jointly to any sort of homogeneous conclusion. Such human needs are, of course, often encountered, acknowledged and contained as much as possible. On the contrary, among the basic principles is the tendency to have participants from as much as possible different social-historical, political, ethnic, religious, class, age, gender, professional and ideological areas. Thus, RC is primarily a space for freedom of diversity, for learning to listen and to be heard, for allowing difficult feelings like despair, hate, rage, fears, guilt or shame to be expressed, defenses from them eventually seen/understood, as well as a place to learn to allow positive feelings like appreciation, hope, love, etc. Opening up new themes and perspectives, learning about the others and one-self in relation to others includes also the convener-participants, without any assumed privileges to own the "Truth". Essential is the challenge for all participants to open their minds for the variety/diversity of discourses/paradigms and curiosity for interactions, while keeping (or repairing) core human values. In every RC-event we experience swinging between denying and owning split-off psycho-social aspects. Still, in that up-and-down flow we testify moving towards RC-learning of the 'art-of-listening' and 'art-of-dialogue' - indeed, transforming hate into culture of dialogue.

Info about **new developments** with **references for reading** are in the **Appendix** of the flayer.



Aims/plans for this conference:

- 1. Share **new RC-developments** in presentations and discussions;
- 2. Offer to the conference participants an **experience of the basic RC-event** as an **opportunity of learning the method**;
- 3. **Challenging the method**, questions, discussion, reflections.
- 4. **Mirroring/dialogue with similar, "sibling" initiatives** for learning from each other (Psycho-social Studies, Robi Friedman's *Sandwich model*, Trilogies Conferences, EATGA-European Association for Trans-cultural Group Analysis, OPUS Listening Posts and other OPUS activities, ISPSO International Society for Psychoanalytic Studies of Organizations.)
- 5. Planning further collaborations.

Program of the conference will include:

- 1. **Introductory presentations and dialogues** of/among Reflective-Citizens co-creators and staff members;
- 2. **Brief presentations** with by
 - a) RC-conveners and RC-trainees in the program,
 - b) conference participants who wish to offer in advance an input linked to the subject;
- 3. Experience of a whole day Reflective-Citizens Event (longer version),
- 4. **Dialogues in the RC-community** (joint learning about building and developing the RC-Koinonia);
- 5. Reflection spaces on experiencing the **Conference-event as a temporal RC-organization in the RC-network-** sharing and reflecting in small and large-size groups. (Embracing the RC-complexity);
- 6. Space for learning **how to start a new RC-branch** in the region and in other countries basic principles;
- 7. Discussion on **RC-type of events in professional conferences** of various professional associations.
- 8. Review & application groups,
- 9. Evaluation & planning;
- 10. Exploring the theme of **RC-Research.**

Begins at 10am Friday, ends 1am Sunday

Final program/time-table of sessions for the two-and-a-half conference days will be provided later to the participants.

About RC Co-creators



Marina Mojović MA, MD, psychiatrist, psychoanalytic psychotherapist, group analyst, organizational consultant in Serbia. She is a full member of the Group Analytic Society International, of the International Association for Group Psychotherapy and Processes. of the European Group Society

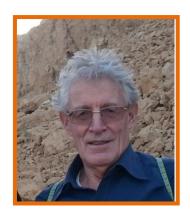
Psychoanalytic Psychotherapy, the International Society for Psychoanalytic Studies of Organizations, and the Organization for Promoting Understanding of Society, associate of the Gordon Lawrence Foundation, in the editorial management of the Group Analytic Dictionary project. In Group Analytic Society-Belgrade she is a training group analyst and supervisor; founder and head of GAS-Belgrade Psycho-social Section and of the Training in Systems-psychodynamic Organizational Consultancy; founder of the Serbian Reflective- Citizens method and of the Reflective-Citizens Koinonia; founder of the Serbia Social Dreaming Training. Presents and writes on the themes of social trauma, social unconscious, large groups, disrupted matrices with 'black holes'; author of the 'social-psychic-retreats' concept, and the 'conception trauma' concept.



Jelica Satarić, MD, is a psychiatrist, individual psychotherapist, and group analyst in private practice in Belgrade..She is member of Serbian Medical Chamber, Serbian Psychiatric Association, Serbia Psychoanalytic Society of Psychotherapists and Group Analytic Society

Belgrade (GAS Belgrade), in which she is the President GAS and co-leader of its Psycho-social Section. She is member of Group Analytic Society International (GASI). Co-founder and active involvement in the Serbian Reflective Citizens Project.

Staff colleagues at the Conference



David Armstrong is an Associate Consultant at Tavistock Consultancy. He was trained as a social psychologist at the Tavistock Institute of Human Relations and worked in action research and organizational consultancy at the University of London and The Grubb Institute before returning to the Tavistock in 1994. to join a

newly established consultancy service at the Tavistock Clinic. David has worked in this field with senior executives and executive teams in business, government, health and education in the UK and worldwide. His experience includes working with executives in pharmaceuticals, investment banking, NHS trusts, local government, higher education, prison governors and for senior civil servants. A Distinguished Member of the International Society for the Psychoanalytic Studies of Organizations (ISPSO), he is the author of *Organization in the Mind: Psychoanalysis, Group relations and Organizational Consultancy* (2005); coauthor of *Working below the Surface. The Emotional Life of Contemporary Organizations;* co-author of *Social Defenses against Anxiety. Explorations in a Paradigm* (2015).



Kurt Husemann was born 1947 in Herford/ West Germany. Psychologist, Psychoanalyst., Group Analyst. After some years in a psychiatric Day Hospital, the first one in Germany working with psychodynamic/group analytic principles now working in private practice with patients after

persecution and from intercultural background. One of the founder of the European Association for transcultural Group Analysis (EATGA) together with Malcolm Pines, Jean Claude Rouchy, René Kaes and others in 1983. Vice chair Berlin Institute for Group Analysis (BIG) until 2018. Chair of the 17th International Symposium of the Group Analytic Society International (GASI) in Berlin 2017 together with Gerda Winther (Kopenhagen). Member of a number of International Group Psychotherapeutic Associations like AGPA, IAGP (Member of the international Board since 2018, GASI (Member of the Mangement Commetee since 2017), EATGA (Past President), D3G (Group Training Analyst and Supervisor), BIG, APB (Psychoanalytic Institute in Berlin), DGSv (Supervisor).



ALICE MULASSO psychologist, psychotherapist and group analyst, founder member of Arcipelago Practice of Applied Group Analysis where she works, private practice in Chieri, training group analyst in the COIRAG Institute in Turin, APRAGI member, full member of the Group Analytic Society International where she is member of the Management Committee. She harbors a deep passion for

small and large groups, in the clinical field and in the social context.



Carla Penna, Carla Penna, PhD, is a psychoanalyst and group analyst in private practice in Rio de Janeiro, Brazil. She is a member of the Management Committee of the Group Analytic Society internationaland is the current chair of the Scientific and Training Institute of Psychoanalytic Circle of Rio de Janeiro. She is former President of Brazilian Association for Group

Psychotherapy, and former President of the Group Analytic Psychotherapy Society of the State of Rio de Janeiro. She published, in 2014, in Portuguese, the book *Inconsciente Social* [Social Unconscious] and will publish in 2019 the book *The Psychodynamics of Crowds and Masses: Historical and Contemporary Reflections*, by Routledge.



Christopher Scanlon, MSc. DPhil Consultant Psychotherapist in general adult and forensic mental health in the NHS in London; Training Group Analyst and member of Faculty at *Institute of Group Analysis* (*IGA*) and Visiting professor Psychosocial Practice, University of East London. He is also Founder member of the *Association for Psychosocial Studies (APS)*;

associate member of Organisation for Promotion of the Understanding of Society (OPUS) and member of the International Society for the Psychoanalytic Study of Society (ISPSO).

Registration Fees in Euro

	Early bird before 1 st Ferbruary	before 10 th April	After 15 th April
Trainees GAS-Belgrade	160	180	190
GAS-Belgrade members	190	220	240
GAS-international, IAGP ISPSO, OPUS members	200	230	260
Others	230	250	290

Included into the fee: sertificate of attendance, refreshment, coctel and lunch.

All questions regarding registration, fees & payment should be directed to office consultingartbeograd@gmail.com or to Marina Mojović dr.marinamojovic@gmail.com mob. +381 (0) 63 77 87 642

Accommodation for participants from other towns or countries apart from advises for hotels, and apartments, can also be organized for free (if enough in advance).

Venue: Consulting-Art doo. Belgrade, Banovo Brdo, <u>115 Petra Lekovića Street</u>

Venue photos: http://www.flickr.com/photos/belgrade-conference-june-2013/sets/72157633097384770/show/





About New Developments of Reflective Citizens Koinonia

New versions of creative co-creations are growing like are:

- **1. Applied-RCs** (which is a very wide area of cooperation, as within the project "*Leaders for Peace*" through high schools in Bosnia and Hercegovina, or for exploring/changing organisational cultures, or for creation of the "**Cultural Shelter**" in Kosovska Mitrovica, etc.); and
- **2.** Traveling-RCs (two events held in 2018 through Kosovo and Metohija, and Bosnia).
- **3.** RC-workshops within or on margins of **professional conferences** are in phase of exploration like (in Serbian Federation of Psychotherapy Societies , Group Analytic Society-International for its Internationalization Project at the Berlin Symposium, and at International Association for Group Psychotherapies-IAGP-congresses in Rovinj and Malmo-learning from mistakes, RC-conveners and trainees Marijana Ajduković, Stefan Cerovina, Sanja Jokić and Pavle Milošević demonstrated RC at GASI Symposium in Berlin 2017 and in EFPP Conference Belgrade 2018, etc).
 - 4. Cooperation with the fields of Social Trauma and Social Unconscious.
 - **5.** Project of the "Funeral of Yugoslavia" in preparation.
- **6.** Co-creation of the "**Psycho-Social Dialogues**" network began in Belgrade in 2016 (co-organized by David Armstrong, Chris Scanlon, Svein Tjelta, Carla Penna and Marina Mojovic), for cooperation and joint learning with other sibling projects in Europe and world-wide.)

- 7. Concept of the "Group Relations in the Reflective Citizens Community" in preparation for 2019.
- 8. **Cooperation with EGATIN** (European Group Analytic Training Institutes Network) for creating levels of criteria for IGAs Trainings in Non-clinical/Applied group analysis in a) Organizational Consultancy and b) working with societies and citizenship.

References for reading on Reflective Citizens:

Mojović, M. (2016). Serbian Reflective-Citizens Flourishing in the Leaking Containers. *Group Analysis* 50(5):370-384.

Mojović, M. (2018). Totalitarian and Post-Totalitarian Matrices: Reflective-Citizens Facing Social-Psychic-Retreats. In B. Huppertz (Ed), *Approaches to Psychic Trauma: Theory and Practice*. Washington DC: Lexington books.

Mojović, M.(2019). The Balkans on the Reflective-Citizens Couch Unraveling Social-Psychic-Retreats. In Uri Levin and Anna Zajenkowska(Eds.) Europe on the Couch.(in publish).

