

Institute of Group Analysis „Rasztów” & Institute of Group Analysis Heidelberg



Germans, Poles - let's talk!

Understanding and exploring conscious and unconscious memories

1 02 2020
10.00 - 18.00

Venue: Poznań: Institute for Western Affairs

Ul. Mostowa 27a <https://www.iz.poznan.pl>

Registration:

sekretariat.rasztow@gmail.com

Institute of Group Analysis „Rasztów”

Warsaw, Genewska 9a <http://instytut.rasztow.pl>
120 PLN or 35 euro

This experiential workshop is intended to create a space for reflection for those who want to explore how the longstanding, sometimes dramatic, relation between Poland and Germany in the heart of Europe has shaped our psychic landscape and common relations. We will reflect on how being a Pole in the face of a German and a German in the face of a Pole influenced our fantasies, and ways of relating with each other and with ourselves. Engaging with our transgenerational heritage we may encounter our parents' and grandparents' unspeakable suffering, violence as well as tender feelings for each other. The shared group effort could help to find a lan-

guage to cope with uncontained emotions, offering new ways towards a better understanding of ourselves as well as of each other.

The workshop will be based on a free floating group discussion and will be conducted by Polish and German group analysts: Beatrice Kustor, Joanna Skowrońska, Angela Schmidt-Bernhardt.

Languages: Polish, German and English

More information: Joanna Skowronska (in English and Polish) joannagrazynaskrowonska@gmail.com

Beatrice Kustor, Angela Schmidt-Bernhardt (in German and English) b.kustor@t-online.de, schmidt.bernhardt@gmail.com

Let's talk!